

Please note all role descriptions are for guidance only. Please adapt/add to this basic information to ensure it is relevant to your club's requirements.

# Coach

### **Purpose**

To be responsible for training the team in preparation for matches, acting as a highly influential figure in players' lives. This is an exciting, rewarding and active way of staying in the game and lets you have a direct influence on player performance.

## Key aspects of the role

#### 1. Lead training sessions

Plan, deliver and review safe, engaging and effective training sessions; role model rugby's values, and codes of conduct while developing individuals' skill, confidence and fitness

## 2. Adopt a Player centred approach

Have a clear Coaching and Playing philosophy aligned to the wants and needs of every player

#### 3. Learning and Development

Work with the Club Coaching Coordinator to continue and facilitate personal learning and development

#### Is this role for you?

If you are enthusiastic and willing to earn an RFU Coaching Award, knowledgeable about the game and committed to fair play, confident, approachable and good with people, you could hold a role that is highly respected in the community and allows you to act as a role model and inspiration to a group of young people.